

ASSESSING OUR RISKS – Christchurch Rowing Club					Risk Assmt. Ref: 004				
Site: Christchurch Rowing Club				Severity	Minor injury	Lost time/ Ill Health	Major / >3 days	Perm. Disability	Fatal/ Site Loss
Task/Activity/Area: Water Training – Clubhouse - Tuckton to Mudeford				Highly Unlikely	1	2	3	4	5
Notes: (Including details of previous accidents/incidents)				Unlikely	2	4	6	8	10
RA Team: M Green		Date of RA: Jul 2011	Review Date: April 2019	Possible	3	6	9	12	15
People at risk: (e.g., visitors, club members, members of the public, and other water users)				Probable	4	8	12	16	20
Club Captain (Print Name): James Erwin		Signature:		Certain	5	10	15	20	25
Ref No. or Task-Step	Hazards identified or clear Injury causes, highlighting risks	Score - No controls	Controls/Procedures/Key Behaviours (existing controls, information, training etc)	Score - Post Controls	Further action required			Action Priority (H/M/L)	
1	Lifting and Moving Boat to and from the Water <i>Backs, Feet, Fingers, Slips trips and falls</i>	6	a. Ensure floor area is free from oils and water b. Ensure tools and riggers are clear of walk ways c. Boats are not to be placed out side the boat house doors, unless for washing d. Boats and equipment are to be kept clear of public walk way	2	Club captain, coaches cox and crew to ensure boat house is clean and tidy				
2	Boat Safety <i>Injuries to other crews, Boat sinking, Drowning, Trapped feet</i>	6	a. Ensure heel restraints are fitted correctly b. Ensure bow ball is fitted c. Ensure hatch covers and buoyancy devices are in place d. Ensure boats are clearly marked as unserviceable if they can not be repaired	2	Coaches and cox are to ensure boats are checked prior to outings and that any faults found are to be reported Boatman is to ensure a faults book is available				
3	On the Water Training <i>Hot and cold injuries, Dehydration, Drowning</i>	9	a. Crews are to book their outings and estimated time of return on the board b. Coaches, cox and crew are to ensure suitable clothing is worn c. Coaches, cox and crew are to ensure suitable drinks are available d. Cox and coach is to ensure that they are wearing a life jackets e. Coaches, cox and crew are to ensure they have a change of warm clothing on return to the boat house	2	Coaches, crews and cox are to carry out their own risk assessment prior to boating				

Ref No. or Task-Step	Hazards identified or clear Injury causes, highlighting risks	Score - No controls	Controls/Procedures/Key Behaviours (existing controls, information, training etc)	Score - Post Controls	Further action required	Action Priority (H/M/L)
4	Weather <i>Hot and cold injuries, Dehydration, Drowning, Damage to equipment</i>	15	a. No crews are to go onto the water in extreme weather conditions (high winds, freezing, fast flowing water, tide, etc)	6	Coaches are to carry out a risk assessment If safety rep is there he should be consulted	H
5	Capsize <i>Cold injuries, Drowning, Trapped feet</i>	15	a. All rowing members are to have completed a capsize drill to British Rowing Standards. b. All crews are to have completed a swim test c. Crews are to ensure that all boat fitting are serviceable d. Crew are to stay with the boat and make their way to shore or wait for the safety boat e. Cox are to ensure that they have checked their life jackets prior to getting afloat	6	Coaches are to check that crews have completed swim test and capsize drills Boatman to ensure life jacket are checked on a 6 monthly basis Coaches and crews are to be aware of non-swimmers	H
6	Other Water Users <i>Damage to equipment, Injuries to people</i>	9	a. Coxes and steersmen are to keep a lookout at all times b. Coxes and steersmen are to keep to the correct side of the channels c. Crews must be courteous at all times to other water users	2	Any incidents are to be reported on return to the boathouse to club captains, or a coach.	
7	Boats being swamping <i>Cold injuries, Drowning, Trapped feet, Damage to equipment</i>	6	a. Water conditions are to be monitored by coaches, coxes and safety advisor b. Coxes and crew are to be aware of wash from powered craft c. All safety boats are to carry first aid and safety equipment	2	Coaches and Safety rep are to ensure safety bags are regularly checked Coaches to comply with: RA: 03 par 05	
8	Hypothermia <i>Death</i>	15	a. Crews, coxswains and coaches are to ensure they are suitably dressed for weather conditions b. Crews, coxswains and coaches to understand and carry out any action required	6	Coaches and Coxes must complete a first aid course	H

- Comments:
1. **All Coaches and crews must comply with the BR Row Safe Guidelines**
 2. **All Coaches and crews must comply with the rules of local navigation (on the Safety notice board)**
 3. **All accidents or incidents must be reported on line (<https://incidentreporting.britishrowing.org/login?destination=reports>)**
 4. **Club coaches must produce their own risk assessment for water training, referring the Club's Standard Risk Assessment**

Declaration: I the under signed have read and understood the above Risk Assessment (RA: 004)

Position	Name	Date	Signature
CRC President			
CRC Chairman			
CRC Treasurer			
CRC Secretary			
CRC Captain			

Notes: Amendments to be forwarded to the Club Water Safety Advisor