



Christchurch Rowing Club

Wick Lane, Christchurch, Dorset, BH23 1HU.

Telephone: 01202 484964. Email: enquiries@christchurchrowingclub.co.uk

EMERGENCY PLAN & CONTACTS

1. Emergency Services & Contacts:

- **Emergency Services** 999
- **Police (Local)** 101
- **A&E (Royal Bournemouth General Hospital)** 01202 303262
Castle Lane East,
Bournemouth,
BH7 7DW.
- **NHS Direct Helpline** 111 / 0845 46 47
- **Medical Assistance / First Aid** In boating area
- **Nearest Public Telephone** The Captain's Club (opposite)

2. General Contacts:

All crews & rowing members must report all accidents & incidents to the Club Water Safety Advisor of CRC as soon as possible.

The **Water Safety Advisor** is:

Mike Green

Tel: 01202 482258 / 07940386272

Email: mike@megreen.co.uk

The **Regional Safety Representative of British Rowing** is:

Stephen Bull

(Hants & Dorset)

Tel: 01983 5566481

Email: stephencbull@googlemail.com

Honorary National Water Sports Safety Advisor (British Rowing):

Chris George

Tel: 020 8874 2013

Email: safety@britishrowing.org

3. For River Conditions (White board):

Hung on exterior wall of old boat house.

4. Other Local clubs:

- **Christchurch Sailing Club**
The Quay
Christchurch
Dorset
BH23 1BY
Tel: 01020 483150
- **Hengistbury Head Outdoor Education Centre**
Broadway
Bournemouth
BH6 4EN
Tel: 01202 425173

GENERAL EMERGENCY INFORMATION

1. First aid boxes, emergency throw lines & thermal blankets are located in the boating area, in the old boat house, club house and in the waterproof bags aboard the safety launch being used for the club event.
2. In the event of a capsize or any other water-borne accident (whether it involves a CRC boat or another club's vessel), members should **stop rowing immediately** and render assistance if it does not endanger themselves. Alternatively, they should call for help / summon assistance.
3. Persons **injured on the water** should be taken either to the nearest boathouse / club on the River Stour or directly to the clubhouse (if the injured person is mobile). Contact emergency services if required.
4. Persons **injured on land** should be taken to the clubhouse if it is safe and appropriate to move them.
5. All accidents and emergencies **must** be reported to the Club Water Safety Officer as soon as practicable or to another Rowing Committee Member if not available. Any incident involving injury or substantial damage should be reported to British Rowing within 24hours via on-line report or the Regional Water Safety Representative. An incident Report Form **MUST** be completed for all accidents, collisions or capsizes.

Jenny Gould
CRC Administrator
October 2014